Coronaviruses, including SARS and MERS

Technical bulletin

What are coronaviruses?
Coronaviruses are a large family of viruses that can cause diseases ranging from the common cold to more severe illnesses such as Severe Acute Respiratory Syndrome (SARS) and Middle East Respiratory Syndrome (MERS). The SARS-associated coronavirus (SARS-CoV) was recognized in China as early as November 2002. The 2019 disease outbreak in China has been attributed to a coronavirus referred to as 2019-nCoV.

Coronaviruses affect the respiratory system, typically resulting in severe acute respiratory illness displaying symptoms of fever, malaise, cough, and shortness of breath. About 30%-40% of patients reported with MERS have died during previous outbreaks of the disease.

Currently, no vaccine or specific treatment is available to prevent or cure coronavirus infections. Treatment for infected individuals is supportive and based on the patient’s clinical condition.

How is MERS spread?
Animals, including camels, cats, and bats, are suspected to be reservoir hosts for coronaviruses and sources of coronavirus infections in humans; however, the exact role of animal transmission of these viruses to humans and the exact route(s) of transmission are unknown.

The majority of human cases of coronavirus illness have been attributed to human-to-human infections. Coronaviruses are believed to spread from an infected person’s respiratory secretions, although the specific ways the virus spreads are not currently well understood. These viruses spread from sick people to others through close contact, such as unprotected caring for or living with an infected person. Infected people also are known to have spread coronaviruses to others in healthcare settings.

Who needs to be protected?
As a general precaution, individuals visiting farms, markets, barns, or other places where animals are present should practice general hygiene measures, including regular hand washing before and after touching animals. Additionally, contact with sick animals should be avoided.

Based on experience with SARS and MERS outbreaks, transmission of coronaviruses has occurred in healthcare facilities in the United States and other countries, including from patients to healthcare providers and between patients in a healthcare setting before the virus was diagnosed. The symptoms and other clinical features of coronavirus illness are non-specific, making it difficult to identify infected patients early or without testing. Infection prevention and control measures are critical to prevent the spread of coronavirus illness in healthcare facilities or other workplaces, such as airports, where infected, but undetected, people may be present. Healthcare and other at-risk workers should be educated and trained in infection prevention and control and be diligent in practicing these safety measures.

What protective apparel is available?
The Centers for Disease Control (CDC) and World Health Organization (WHO) provide direction on infection prevention and control procedures related to SARS-CoV, MERS-CoV, and other coronaviruses. Both provide guidance to healthcare professionals for the use of personal protective equipment (PPE) for contact with patients with known or suspected cases of coronavirus infections. Both suggest the use of clean, disposable, long-sleeved gowns.

DuPont Personal Protection provides a wide range of protective garments and accessories that address a broad range of PPE needs.

1 CDC Fact Sheet, “Information about Middle East Respiratory Syndrome (MERS)”
DuPont™ Tyvek®, DuPont™ Tychem®, DuPont™ ProShield® and DuPont™ ProClean® garments are available in disposable coverall, apron, and gown designs, as well as boot covers. Additionally, Tychem® gloves offer hand protection that along with a hooded coverall and attached socks can provide full body coverage.

Refer to the table on the following pages for some of the DuPont apparel options that meet the requirements of either North American or international standards for protection against viral and other biohazards.

Tychem® 2000 and other Tychem® fabrics with taped seams have been tested and have passed the requirements of ASTM Standards F16702 and ASTM F16713, the recognized blood and viral penetration test methods in North America, respectively. ProShield® 80 also passes the requirements of both of these ASTM test standards.

During high-contact patient activities, especially cleaning, disinfecting, and decontaminating, where exposure to moderate to large volumes of bodily fluids is anticipated, a ProShield® 80 or taped seam Tychem® 2000 garment may be appropriate to reduce the risk of bodily fluid contact.

Refer to DuPont™ SafeSPEC™ for a full list of garments that have been tested and have passed the requirements of ASTM Standards F16702 and ASTM F16713. Although certain DuPont protective garments have passed the recognized ASTM blood and viral penetration test methods in North America, they have not been tested against specific coronaviruses. Continue to consult the CDC for guidance on suitable PPE for protection from coronaviruses.

References

Centers for Disease Control (CDC)

World Health Organization (WHO)
https://www.who.int/health-topics/coronavirus

For details, the standard test methods are available for purchase at:

ASTM F1670
http://www.astm.org/Standards/F1670.htm

ASTM F1671
http://www.astm.org/Standards/F1671.htm

https://members.aatcc.org/store/tm127/535/

ISO 16603:2004  Clothing for protection against contact with blood and body fluids — Determination of the resistance of protective clothing materials to penetration by blood and body fluids — Test method using synthetic blood
https://www.iso.org/standard/32247.html

ISO 16604:2004  Clothing for protection against contact with blood and body fluids — Determination of resistance of protective clothing materials to penetration by blood-borne pathogens — Test method using Phi-X 174 bacteriophage
https://www.iso.org/standard/32248.html